

## 2 Egg Breakfasts

Served with Homefries and Toast  
or Biscuits & Gravy

<b>GF</b> Egg Breakfast	11.95
<b>GF</b> Bacon, Turkey Bacon or Sausage	14.95
<b>GF</b> Ham Steak or Minced Ham	15.95
<b>GF</b> New York or Ribeye Steak	18.95
Chicken Fried Steak	15.95
Chicken Apple Sausage	14.95
<b>GF</b> Cajun Sausage	14.95
<b>GF</b> Chorizo	14.95
<b>GF</b> Italian or Linguica Sausage	14.95
Calamari Strips	16.95

## Eggs Benedict

Traditional Ham	16.25
Country Patty Sausage	16.25
Skinny Veggie Includes Fruit	17.25
With No Yolk Fried Eggs on Whole Wheat	
Turkey Avocado	17.25
Crab Cake with Avocado	17.25
Nova Scotia Smoked Salmon & Spinach	17.25

## Not So Hungry?

<b>Hot Oatmeal</b> (made to order)	7.95
Raisins, Brown Sugar, Milk upon request	
Includes Toast, Banana or Berries	
<b>Avocado Toast</b>	11.95
Eggs, Cherry Tomatoes, Basil and Fresh Avocado served with Fruit	
<b>GF</b> Fresh Fruit	Cup 5.50 Bowl 7.95

## Pancakes

Add Whipped Cream or Nuts for 2.50

One Baby Cake (Medium Cake)	3.95
One Large Cake	5.95
Short Stack 2 Large Cakes	10.95
Cinnamon Roll Pancakes	11.95
Pancakes with Fresh Fruit	13.95
Banana, Blueberry, Raspberry and Strawberry	
The Traveler	16.95
4 Small Cakes, 2 Eggs with Bacon or Sausage	

## French Toast

Add Whipped Cream or Nuts for 2.50

Traditional French Toast (3 Slices)	11.95
Banana's Foster	13.95
Cinnamon Roll French Toast w/nuts	13.95
French Toast with Fresh Fruit	13.95
Banana, Blueberry, Raspberry and Strawberry	
French Toast Special (2 Slices)	16.95
Served with 2 Eggs and Bacon or Sausage	

Coffee	3.95	Soda (One Refill)	3.50	Orange Juice	4.75
Tea	3.95	Iced Tea	3.50	Apple Juice	4.50
Hot Chocolate	3.95	Lemonade (One Refill)	3.50	Cranberry Juice	3.75
Milk	3.95	Arnold Palmer	3.50	Grapefruit Juice	4.50
Low Fat, No Fat or Soy		Bottled Water	1.50	Tomato Juice	3.75

## Omelets

Served with Homefries and Toast  
or Biscuits & Gravy

All Omelets may be ordered with No Yolk

<b>GF</b> Chili Verde, Pork and Jack	16.95
Topped with Avocado and Sour Cream	
<b>GF</b> Spinach, Mushroom and Jack	14.95
<b>GF</b> Ron's	15.95
Bacon, Tomato, and Cheddar Cheese topped with Avocado and Sour Cream	
<b>GF</b> Ken's	15.95
Ortega Chiles, Salsa, and Cheddar Cheese Topped with Avocado and Sour Cream	
<b>GF</b> Quintal's	15.95
Refried Beans, Salsa, and Cheddar Cheese Topped with Avocado and Sour Cream	
<b>GF</b> Italian	15.95
Mild Italian Sausage and Jack Cheese Topped with Marinara and Parmesan Cheese	
<b>GF</b> Denver	15.95
Ham, Bell Pepper, Onion and Cheddar	
<b>GF</b> Veggie	15.95
Tomatoes, Mushrooms, Ortega, Spinach, Bell Peppers, Onions, and Cheddar Cheese	
<b>Build Your Own Omelet</b>	
<b>GF</b> Cheese Omelet	11.95
Add Additional Meat	2.50
Add Additional Veggie	1.50
Add Avocado	2.50

## Waffles

Add Whipped Cream or Nuts for 2.50

Waffle	11.25
Bacon Waffle	13.95
Waffle with Fresh Fruit	13.95
Banana, Blueberry, Raspberry and Strawberry	
Waffle Special	16.95
Served with 2 Eggs and Bacon or Sausage	

## Gluten Free

Cooked in the same kitchen as Gluten products

<b>GF</b> Gluten Free Baby Cake	3.95
<b>GF</b> Gluten Free Waffle	12.95

## Fried Chicken

Belgian Waffle Topped with our Crispy 3 Piece Fried Chicken (Bone in or Tenders)	16.95
Fried Chicken, Fries and a Biscuit	15.95

## Local Favorites

<b>Biscuits &amp; Spicy Gravy</b>	10.95
<i>Served with Home Fries</i>	
<b>S.O.S.</b>	14.95
<i>Ground Beef &amp; Spicy Gravy over Biscuits or Toast served with Homefries</i>	
<b>GF Seaside Joe's Scramble</b>	15.95
<i>Ground beef, Onion, Spinach and Mushrooms Scrambled with Eggs served with Homefries</i>	
<b>GF Homemade Corned Beef Hash</b>	16.95
<i>Diced Corned Beef, Sautéed Mushrooms, Onions, and Parsley. Served with two Eggs any Style, Sliced Tomato and Fresh Fruit</i>	
<b>Annie's Breakfast</b>	14.95
<i>2 strips Bacon, 2 Eggs on an English Muffin topped with Jack &amp; Cheddar Cheese, Avocado and Sour Cream served with Homefries</i>	
<b>Cheese Blintz</b> w/ powdered Sugar & Cinnamon	12.95
<i>Topped with Strawberries &amp; Sour Cream</i>	

## Grilled Sandwiches

Includes your choice of French Fries, Potato Salad, Soup or Mixed Green Salad  
Substitute Fresh Fruit add 2.95  
Add Avocado 2.95

<b>Jacquelyn's Lunch</b>	14.95
<i>Roast Beef, Bacon, Tomato, Jack &amp; Cheddar Cheese on Grilled Sourdough</i>	
<b>Jessica's Lunch</b>	14.95
<i>Turkey, Bacon, Tomato, Jack &amp; Cheddar Cheese on Grilled Sourdough</i>	
<b>Tami's Lunch</b>	14.95
<i>Turkey, Ortega Chiles, and Jack Cheese on Grilled Sourdough</i>	
<b>Bacon Veggie Sandwich</b>	14.95
<i>Bacon, Avocado, Tomato, Mushrooms, Jack &amp; Cheddar on Grilled Sourdough</i>	
<b>Tuna Melt</b>	14.95
<i>On Grilled Sourdough with Cheddar Cheese</i>	
<b>Grilled Veggie Sandwich</b>	14.95
<i>Spinach, Avocado, Tomato, Mushrooms, Jack &amp; Cheddar on Grilled Sourdough</i>	

## Burgers

Includes Fries or choice of Side

<b>Burger</b>	14.95
<b>Double Burger</b>	17.95
<b>Bacon Avocado Burger</b>	18.50
<b>Mushroom Burger</b>	15.95
<b>Vegetarian Burger</b>	12.75
<b>Patty Melt</b>	15.95
<i>With Swiss Cheese &amp; Onion on Rye</i>	

## Burger Add-Ons

<b>Cheese</b>	1.95
<b>Bacon</b>	2.95
<b>Avocado</b>	2.95
<b>Sautéed Onions</b>	.95
<b>Sautéed Mushrooms</b>	2.95

## South of the Border

Served with Homefries

<b>Breakfast Burrito</b>	13.95
<i>Scrambled Eggs, Sautéed Onions, Ortega Chiles, Tomato and Jack Cheese in a Flour Tortilla Topped with Avocado and Sour Cream. Add Ham, Bacon or Sausage for \$2.50</i>	
<b>Mexican Scramble</b>	14.95
<i>Hot Spicy Sausage Scrambled with Eggs and served with Corn or Flour Tortillas</i>	
<b>Huevos Rancheros</b>	15.95
<i>Refried Beans, Salsa, Two Eggs any style on an open-faced Flour Tortilla Topped with Tomato, Avocado and Sour Cream</i>	
<b>Chili Verde Burrito</b>	16.95
<i>With your choice of Chicken or Pork For Steak add 1.95</i>	

## Hot & Cold Sandwiches

Includes your choice of French Fries, Potato Salad, Soup or Mixed Green Salad  
Substitute Fresh Fruit add 2.95  
Add Avocado 2.95

<b>Tuna Sandwich</b>	12.95
<b>Turkey Sandwich</b>	14.75
<i>Our Turkey is Baked Fresh Daily!</i>	
<b>Club Sandwich</b>	15.75
<i>Turkey, Bacon, Lettuce and Tomato</i>	
<b>Breakfast Club Sandwich</b>	15.75
<i>Ham Steak, Bacon, Fried Egg, Lettuce and Tomato</i>	
<b>French or Turkey Dip</b>	16.45
<i>Thin sliced premium Roast Beef or Turkey on a French Roll Served with Au Jus on the side</i>	
<b>BLAT</b>	15.45
<i>Bacon, Lettuce, Avocado and Tomato</i>	
<b>Grilled Chicken Breast</b>	16.25
<i>With Jack Cheese on a French Roll</i>	
<b>New York or Ribeye Sandwich</b>	18.25
<b>Chicken or Roast Beef Philly</b>	16.45
<b>New York Philly</b>	18.25
<b>Spicy Philly</b> For Steak add 1.50	17.45

## Soups & Salads

Served with your choice of Bleu Cheese, Italian, Ranch, Honey Mustard, Thousand Island or House Dressing

<b>Soup and Salad</b>	10.95	
<b>Tostada Salad</b>	14.95	
<i>Crispy Flour Tortilla Shell with Refried Beans</i>		
<b>GF Grilled Chicken</b>	1/2 12.45	15.95
<b>GF Cobb</b>	1/2 12.45	15.95
<b>GF Waldorf Chicken</b>	1/2 12.45	15.95
<b>GF Chicken Caesar</b>	1/2 12.45	15.95
<b>Calamari</b>	1/2 13.45	16.95
<b>GF Shrimp Louie</b>	1/2 13.45	16.95
<b>GF New York or Ribeye Steak</b>		17.95